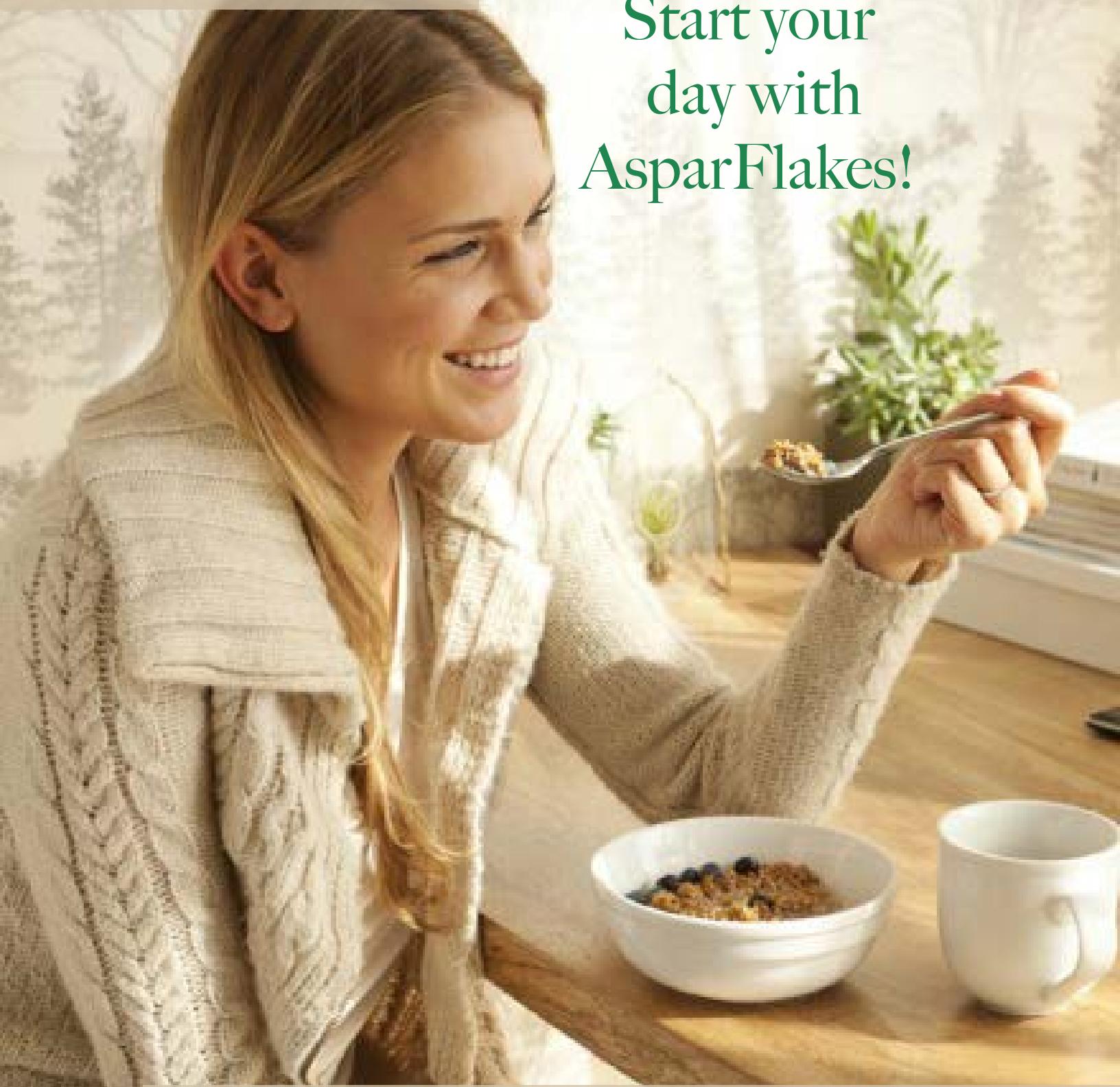


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AsparFlakes is an all-natural and healthy choice for breakfast from AsparPower Mills, a name you trust for quality asparagus products. When eaten with skim milk, one bowl of AsparFlakes delivers the daily allowance of calcium recommended for adults and helps fight osteoporosis. Available now at your local health-food stores.