

A B C D E F G H I J K L M

P R I N C E T O W N I E T

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# TOMS Campus Club Winter Shoe Drive

January 20th-24th



Drop boxes located in residential halls.



Visit <https://campuslink.okstate.edu/organization/toms-shoe-club> for more information!





Suit & Tie

JUSTIN TIMBERLAKE



SUZANNE COLLINS IS THE AUTHOR OF THE BESTSELLING UNDERLAND CHRONICALS SERIES, WHICH STARTED WITH GREGOR THE OVERLANDER. THE FIRST NOVEL IN THE HUNGER GAMES TRILOGY, THE HUNGER GAMES, WAS A NEW YORK TIMES BESTSELLER, GARNERED NUMBEROUS STARRED REVIEWS, AND RECEIVED WIDE PRAISE AND ACOLADES. SUZANNE LIVES WITH HER FAMILY IN CONNECTICUT. YOU CAN FIND HER ONLINE AT [WWW.SUZANNECOLLINSBOOKS.COM](http://WWW.SUZANNECOLLINSBOOKS.COM)



#### PRAISE FOR THE HUNGER GAMES

"[THE HUNGER GAMES] IS A VIOLENT, JARRING SPEED-RAP OF A NOVEL THAT GENERATES NEARLY A CONSTANT SUSPENSE.... I COULDN'T STOP READING."

- STEPHEN KING,  
ENTERTAINMENT WEEKLY

"BRILLIANTLY PLOTTED AND PERFECTLY PACED.... ENROSSING."

- JOHN GREEN, NEW YORK TIMES  
BOOK REVIEW

"[A] PLOT-DRIVEN BLEND OF SUSPENSE, SCIENCE FICTION, AND ROMANCE."

-USA TODAY

"I WAS SO OBSESSED WITH THIS BOOK I HAD TO TAKE IT WITH ME OUT TO DINNER AND HIDE IT UNDER THE EDGE OF THE TABLE SO I WOULDN'T HAVE TO STOP READING. THE STORY KEPT ME UP FOR SEVERAL NIGHTS IN A ROW, BECAUSE EVEN AFTER I WAS FINISHED, I JUST LAY IN BED WIDE AWAKE THINKING ABOUT IT.... THE HUNGER GAMES IS AMAZING."

- STEPHENIE MEYER, AUTHOR OF THE TWILIGHT SAGA

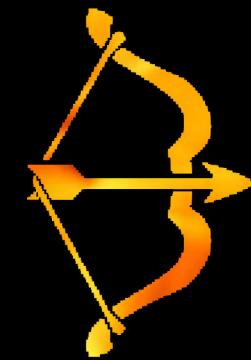
A NEW YORK TIMES BESTSELLER, A USA TODAY BESTSELLER, A HORN BOOK FANFARE, A PUBLISHERS WEEKLY BEST BOOK OF THE YEAR, A SCHOOL LIBRARY JOURNAL BEST BOOK OF THE YEAR, A BOOKLIST EDITORS' CHOICE, A NEW YORK TIMES BOOK REVIEW EDITORS' CHOICE, A NEW YORK TIMES NOTABLE BOOK OF THE YEAR, A KIRKUS BEST BOOK OF THE YEAR

COLLINS

THE SECOND BOOK OF THE HUNGER GAMES

CATCHING FIRE

# CATCHING FIRE



SCHOLASTIC  
PRESS



SUZANNE COLLINS

# ON POINT

*On Point*

“I’m On It”

16432 N Duck, Stillwater, OK 74074

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[www.onpointenergy.com](http://www.onpointenergy.com)

# ON POINT

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#ONPOINT



Bottom

Top

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**Supplement Facts**

Serving Size 8.0 fl. oz. (240 mL)  
Servings Per Container: 2

Amount Per Serving	%Daily Value
Calories	10
Total Carb	3g 1%
Sugars	3g †
Vitamin B2	1.7mg 100%
Vitamin B3	20mg 100%
Vitamin B6	2mg 100%
Vitamin B12	6mcg 100%
Sodium	180mg 8%
Taurine	1000mg †
Panax Ginseng	200mg †
Energy Blend	2500mg †
L-Carnitine, Glucose, Caffeine, Guarana, Inositol, Glucuronolactone, Maltodextrin	

\*Percent Daily Values are based on a 2000 calorie diet. †Daily Value not established.

INGREDIENTS: CARBONATED WATER, GLUCOSE, CITRIC ACID, NATURAL FLAVORS, TAURINE, SODIUM CITRATE, COLOR ADDED, PANAX GINSENG ROOT EXTRACT, CAFFEINE, SORBIC ACID, SUCRALOSE, BENZOIC ACID, L-CARNITINE, NIACIN, ACESULFAME POTASSIUM, SODIUM CHLORIDE, GLUCURONOLACTONE, INOSITOL, GUARANA SEED EXTRACT, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, MALTODEXTRIN, CYANOCOBALAMIN.

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CONSUME RESPONSIBLY: LIMIT 3 CANS PER DAY. NOT  
RECOMMENDED FOR CHILDREN, PREGNANT WOMEN  
OR PEOPLE SENSITIVE TO CAFFEINE.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED  
BY THE FOOD AND DRUG ADMINISTRATION. THIS  
PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT,  
CURE OR PREVENT ANY DISEASE.

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4 - 16 fl oz (473 mL) cans

**ON POINT** →

4-Pack

- Improves performance, especially during times of stress or strain
- Increases concentration and improves reaction speed
- Stimulates metabolism



BJJ is a non-striking Martial Art that uses body leverage to overcome your opponent. When children at school need to defend themselves in a fight, the techniques they learn will help them to overpower larger bullies while not breaking school rules of hitting or kicking their aggressor. They also learn grappling techniques of how to escape from being pinned down in a fight.

Classes Available for kids:

**Beginning BJJ:** (ages 4-6 years) emphasizes coordination training with an introduction to Jiu-Jitsu. Meets Tuesdays and Thursdays from 4:30-5:00 p.m.

**Intermediate BJJ:** (ages 7-13 years) introduces your child to the basics of Jiu-Jitsu, and more challenging techniques which gives students a chance to push themselves in their grappling as well as reiterating the fundamental skills of BJJ. Meets Tuesdays and Thursdays from 5:00-5:45 p.m.

**Kid's Competitive Team:** teaches more advanced techniques and allows the students more grappling time. The competition team also gives the students the opportunity to compete at regional and national tournaments. Meets Mondays and Wednesdays from 5:00-5:45 p.m.

**\*All classes at OFC are designed to give your child the tools and opportunities to excel physically, while instilling discipline, honor, self-esteem, and respect at all times.**

**Location:**

**113 N. Main St.  
Broken Arrow, OK 74012**

**Contact:**

**918-615-6962**

**Email:** [mail@ofcjiu-jitsu.com](mailto:mail@ofcjiu-jitsu.com)

**Website:**

**<http://ofcjiu-jitsu.com/main.html>**



**Did you know that  
Brazilian Jiu-Jitsu is a  
non-striking Martial Art  
best used for self-defense?**

Brazilian Jiu-Jitsu will also enhance your child's physical fitness, teach respect for authority, build self-confidence, fine tune attention skills, and positively channel aggressive behavior.





Martial Arts is designed to give your child the tools and opportunities to excel physically, while instilling discipline, honor, self-esteem, and respect at all times



## Why should you choose OFC over other Martial Arts facilities that offer BJJ?

OFC's success in kid's tournaments reflects the quality training they receive from the instructors. OFC's family values provide a catalyst for your child to model upstanding citizen behavior that entail respect for others, self-control, self-confidence, and honor.

OFC has a phenomenal competitive BJJ kid's program! In last year's North American Grappling Association (NAGA), the world's largest grappling tournament, all students placed at least 3rd place and above.



OFC provides a safe environment for all family members to participate in training. Our recently renovated facility has a supervised surveillance system and offers an area for children under the age of 3 to safely play while other family members train.

Owners, MarkWayne and Kristy Mullin, emphasize a family-friendly environment by establishing guidelines of clean language, respect for others, and safety of students. All instructors must pass an extensive background check and maintain a clean record of being upstanding citizens.

